IN THE CLAIMS:

Please enter the following claims as amended:

Claim 1 is cancelled herewith.

Claims 2-8 were previously cancelled.

Claims 9 – 11 are cancelled herewith.

Claims 12-32 were previously cancelled.

33. (new) A friction damper for damping the vibrations of a vibrating component comprising a body defining at least one chamber, the at least one chamber being partially filled with a plurality of particles to at least 90% fill such that the particles are able to move relative to one another, the friction vibration damper, in use, disposed on or in the vibrating component wherein the friction vibration damper comprises at least one baffle extending from the body into the chamber to substantially prevent the particles operationally moving in a convection-like flow pattern.

- 34, (new) A friction vibration damper as claimed in claim 33 wherein the body defines a central axis and the at least one baffle extends in a place substantially parallel to the axis.
- 35. (new) A friction vibration damper as claimed in claim 33 wherein the body defines a central axis and the at least one baffle extends in a plane substantially perpendicular to the axis.